

SWEET DANCE

Coreografia

Musica

Caratteristiche

Adriano Castagnoli
"Sweet Spot" - Sara Evans -
32 tempi - liv beginner



SHUFFLE FORWARD RIGHT, PIVOT 3/4 RIGHT, CHASSE LEFT, TURN 1/4 RIGHT AND COASTER STEP RIGHT

- 1 Passo destro avanti
- & Unisco il sinistro al dx
- 2 Passo destro avanti
- 3 Passo sx avanti
- 4 Giro di 3/4 a destra
- 5 Passo sinistro a sinistra
- & Destro unito al sinistro
- 6 Passo sx a sinistra
- 7 Passo dx a destra girando di 1/4
- & Unisco il sinistro al dx
- 8 Passo destro avanti

SHUFFLE FORWARD LEFT, PIVOT 3/4 LEFT, CHASSE RIGHT, TURN 1/4 LEFT AND COASTER STEP LEFT

- 1&2 Shuffle avanti sinistro
- 3 Passo destro avanti
- 4 Giro di 3/4 a sx
- 5 Passo dx a dx
- & Unisco il sinistro al destro
- 6 Passo destro a destro
- 7 Passo sinistro indietro completando il 1/4 giro
- & Unisco il destro al sx
- 8 Passo sinistro avanti

KICK BALL CROSS RIGHT, POINT RIGHT, STEP BACK, KICK BALL CROSS LEFT, POINT LEFT, STEP FORWARD

- 1 1&2 Kick Right Forward, Step Right Beside Left, Cross Left Over Right Weave a sx
- 2 3-4 Point Right Toe To Right Side, Step Right Behind Left
- 3 5&6 Kick Left Forward, Step Left Beside Right, Cross Right Over Left
- 4 7-8 Point Left Toe To Left Side, Step Left Over Right
- 5
- 6
- 7
- 8

PIVOT 1/2 LEFT, TURN 1/2 LEFT, CROSS BACK & UNWIND 1/2 LEFT, KICK BALL CHANGE RIGHT

- 1-2 Step Right Forward, Pivot 1/2 Turn Left (Weight On It)
- 3-4 Turn 1/2 Left And Step Right On Place, Touch Left Toe Behind Right
- 5-6 Unwind 1/2 Turn Left
- 7&8 Kick Right Forward, Step Right Beside Left, Step Left Onto Place

TAG: Performed after 7th repetition

PIVOT 1/2 LEFT, HOLD (TWICE)

- 1-2 Step Right Forward, Pivot 1/2 Turn Left
- 3-4 Hold, Hold